18th February 2016

Dear Parents and Caregivers

Our camp for this year will be held in week 1 of term 2 (2nd - 6th May) at Mambray Creek (260km north of Adelaide) and Melrose (160km north of Adelaide) in the Flinders Ranges.

We will be staying at the Mambray Creek Campground for the first two nights. Mambray Creek is located at the entrance to many walks. We will have access to the bush campsite which includes flushing toilets. Students will camp in two-person tents.

The second two nights will be spent at Camp Willochra in dormitory style accommodation with ensuite bathrooms. Camp Willochra is located in Melrose.

Activities on camp will be run by Wilderness Escape Camps and have been designed to achieve the following goals:

1. *Enhance self confidence and independence through overcoming personal challenge*
2. *Develop social and collaboration skills and team work through group challenges*
3. *Promote a healthy lifestyle*
4. *Provide an introduction to and development of general camping skills*
5. *Gain knowledge about the region*
6. *Gain an appreciation for our natural environment*

The week’s experiences will include

1. *Day walks through national parks*
2. *Mountain biking geared to the students abilities*
3. *Camping skills*
4. *Cooking meals on lightweight stoves (Monday & Tuesday only)*
5. *Billy cart construction and racing around a purpose built track*
6. *Aboriginal studies*
7. *Survival shelter building and orienteering*
8. *Court house tour and problem solving, team building activities*

Qualified instructors will be staffing the program. All specialist equipment, including the mountain biking and camping equipment, will be provided by Wilderness Escape. Wilderness Escape have created a website with information specific to our camp. This website is available at <https://wildernessescape.com.au/events/cvpsyr7camp/>

It is requested that you allow your child to prepare their own gear for the camp, but that you check that they are prepared for all weather conditions as per the list of clothing and equipment provided. The relevant equipment list is available on the camp website. Due to space restrictions students are allowed one soft bag or rucksack, a separate sleeping bag, pillow and a backpack/daypack to go on the bus with their lunch and recess for Monday.

Wilderness Escape supplies students with lightweight tents, cooking stoves, closed cell foam sleeping mattresses and waterproof jackets. If you wish to bring your own camping equipment please call Matt Randell at Wilderness Escape on 8165 2022 to ensure it is suitable for the activities.

For a list of what to bring (and what not to bring!), please see the camp booklet which is available on the website (see above).

Students will need to bring recess and lunch on the first day. All meals from afternoon tea on the Monday onwards are provided. Students will assist both in the preparation of group meals and cooking for themselves using small methylated spirit fuelled cooking stoves under instruction from school and Wilderness Escape staff members. Please note that due to a student injury while using a cooking stove on camp last year, students will not be cooking anything themselves that requires them to be using boiling water. This will lower the chances of significant injury due to burns.

Students must arrive at school by 8.30am on the day of departure (2nd May). Students can be picked up at school on Friday 6th May at 3:30 pm. The school office will be advised by 2pm on the Friday of any unexpected changes to return arrangements and parents are asked to ring the school office after this time to check if there have been any changes to this arrival time.

Please complete the medical and permission forms on the website available at <https://wildernessescape.com.au/events/cvpsyr7camp/> by the end of week 6 (11th March). Scroll to the bottom of the website and click on ‘Register Now’ to complete the medical and permission forms. Please note that your completion of these forms indicates your child’s commitment to attend the camp. Late withdrawals will not be permitted as payment to Wilderness Escape will still be required once registration is complete.

Please note that if your child has any medical condition an action plan from your child’s doctor must be uploaded when registering your child online.

The cost for the camp is $460. This cost includes bus transport to and from the Flinders Ranges, hire of camping, cooking and outdoor equipment, dormitory hire, food from Monday dinner to Friday lunch, qualified instructors for the 5 days and entry to the Melrose courthouse. Invoices will be sent home in week 4 – please note that the front office will be unable to accept payment until the invoices have been sent home.

We trust your child will return with greater knowledge of the bush environment, a greater belief in their own capabilities and some good stories of their adventures.

Kind regards

Laura Barnes, Nathan Betts, Liz Black

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**Year 7 Flinders Ranges Camp – 2nd-6th May 2016**

Child’s name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class teacher \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/caregiver name(s) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

☐ I have read the information attached and consent to my child attending the Flinders Ranges camp from 2nd-6th May, 2016.

☐ I have completed the online registration at <https://wildernessescape.com.au/events/cvpsyr7camp/> .

☐ I commit to my child attending camp and agree to pay $460.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_